

HUNTERS BAR DEFANTS SPRING SUMMER 2023



WEEK ONE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENCING: //23: 29/05/23 //23: 31/07/23 //23: 02/10/23	Main Course	Cheese & Tomato Pizza with Diced Potatoes	Italian Chicken with Mixed Rice	Roast Gammon with Roast Potatoes & Gravy	Sausage Pasta Bake	Fish Fingers with Chips & Tomato Sauce
	Main Course Vegetarian Main Course Jacket Potato & Filling Vegetables	Loaded Jacket Wedges with Cheese or Beans	Macaroni Cheese	Quorn Roast with Roast Potatoes & Gravy	Vegetable Sausage Pasta Bake	Veggie Nuggets with Chips & Tomato Sauce
EKS COM 23:08/05 23:10/07 23:11/09	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
WE 17/04/ 19/06/	Vegetables	Mixed Vegetables Mixed Salad	Garden Peas Carrots	Cauliflower Cabbage	Green Beans Sweetcorn	Baked Beans Garden Peas
448	Dessert	Oat & Raisin Cookie	Chocolate Sponge with Chocolate Sauce	Ice Cream & Banana	Vanilla Blondie & Apple Wedges	Strawberry Cake
W	EEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
/23	Main Course	Cheese & Tomato Pizza with Potato Wedges	Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta	Roast Pork with Roast Potatoes & Gravy	Sticky BBQ Chicken with Rice	Fish Fingers & Chips with Tomato Sauce
COMMENCING: 15/05/23:05/06 17/07/23:07/08	Vegetarian Main Course	Veggie Burger with Potato Wedges	Veggie Meatballs with Tomato Sauce & Pasta	Quorn Roast with Roast Potatoes & Gravy	Cheese & Onion Pastry Roll with Potato Wedges	Veggie Nuggets with Chips & Tomato Sauce
EKS COMI 3:15/05 3:17/07	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
WEEK: 24/04/23 : 26/06/23 : 28/08/23 :	Vegetables	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas
7 7 7	Dessert	Flapjack Finger	Chocolate & Banana Muffin with Apple Wedges	Jelly & Mandarins	Fruity Jam Buns & Custard	Chocolate Ice Cream
		TOWN TW		WEDNESDAY	THURSDAY.	
	EEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 01/05/23 : 22/05/23 : 12/06/23 03/07/23 : 24/07/23 : 14/08/23 04/09/23 : 25/09/23 : 16/10/23	Main Course	Cheese & Tomato Pizza with Half Jacket Potato	Pork Hot Dog with Baked Potato Wedges	Roast Chicken with Roast Potatoes & Gravy	BBQ Chicken & Vegetable Burritos with Mixed Rice	Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Veggie Mince Pasta Bake	Veggie Hot Dog with Baked Potato Wedges	Quorn Roast with Roast Potatoes & Gravy	Cheese & Onion Flan with Diced Potatoes	Veggie Nuggets with Chips & Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Vegetables	Mixed Vegetables Garden Salad	Garden Peas Sweetcorn	Cabbage Cauliflower	Green Beans Carrots	Baked Beans Garden Peas
	Dessert	Chocolate Shortbread Biscuit	Fruity Flapjack with Banana	Oaty Crunchy Biscuit	Apple Sponge & Custard	Chocolate Crispy Crunch

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.